

Mark Ruston: British man temporarily banned from Facebook after sharing gruesome photo of post-AstraZeneca, baseball-sized blood clot in his arm



Mr. Mark Ruston.

LONDON — Mr. Mark Ruston had faith in the U.K. government and big pharma after being inundated with 24/7 propaganda in early 2021. Now he is warning as many people as possible to protect their health and learn from his mistakes.

Doctors told Mr. Ruston that he was an ideal candidate to be first in line for the AstraZeneca viral vector DNA injections. He had a kidney transplant, and was considered top priority for the shots. The U.K. was the first country to [authorize the AstraZeneca injections for emergency use](#) on December 30, 2020. Mr. Brian Pinker, 82, was the first Brit to receive an AstraZeneca shot on January 4, 2021. He, like Mr. Ruston, was [prioritized because of kidney issues](#).

It's unclear when exactly Mr. Ruston received his injections. But it was "before most people had been offered their first...due to me being vulnerable by having a compromised immune system," according to his Facebook page. Thus he was likely first in line last January. Further, Mr. Ruston said "I didn't see anyone for a year" after he received the shots.

Mr. Ruston was skeptical about the injections. After kidney transplants, recipients must take [immunosuppressant \(aka anti-rejection\) drugs](#). It ensures that the immune system doesn't attack the new kidney like a virus or some other foreign invader. Doctors, with no data or science backing their assertions, told Mr. Ruston that the viral vector DNA injections are safe and won't interfere with his kidney regimen. Mr. Ruston said those doctors kept him alive for years, so he had no reason not to trust them. Now he is telling his post-AstraZeneca horror story that's spanned 13 months and counting.

Immediate adverse reactions

Mr. Ruston fell ill just days after the first injection. "It wasn't pleasant," he said. But ultimately he got over it and dismissed the illness as part of the vaccine process. The reaction made Mr. Ruston even more wary about the second injection. But again, his kidney specialists told him it was fine. His entire existence flipped upside down after the second injection.

"My body temperature dropped to a more or less freezing temperature, and I could not get warm for three months," Mr. Ruston wrote. He wore several layers of clothing and turned the heat up high in his home. But his body simply would not warm itself up. Mr. Ruston reported a "foul smelling" discharge leaking from his nose for over four months as well. Severe headaches and patchy vision were also reported.

Sometime around July or August, Mr. Ruston checked himself into a hospital because his condition wasn't improving. A blood clot ([deep vein thrombosis – DVT](#)) was discovered in his left leg. He's extremely lucky, as we've covered many stories of post-injection DVT turning into pulmonary embolisms, [particularly after AstraZeneca shots](#). Blood thinners dissolved the clot before any further damage was done.



Mark Ruston

December 8, 2021 · 🌐



This is where I am at ...

I had 2 X a\$T raA SenNY caR j&bs before most people had been offered their first, I was fast tracked for the 'Maxine' due to me being 'vulnerable' by having a compromised immune system since I had the kidney transplant.

I, like most people believed what was happening at the very beginning of this shitshow and I was told to 'shield' due to my vulnerability. I did this and didn't see anyone for a year.

During this time the maxines came about and i was already a bit wary of the thought of having one and i raised my questions about it with my kidney consultants who assured me it safe for me and that it would not interfere with my anti rejection tablets i take for the kidney, So i put my trust in the specialists that had kept me alive for years and went ahead and had the j&b.

I felt ill for 3 or 4 days after the first \$hot, I remember i was very cold and generally felt like shit with flu like symptoms, It wasn't pleasant but I got over it fairly quickly.

I was even more wary about having the second but went along with what the specialists had told me and I had it .. After the second j&b my body temperature dropped to a more or less freezing temperature & I could not get warm for 3 months, I was wearing a vest, t shirt, a fleece, a hoodie, longjohns and tracksuit bottoms and a dressing gown in my house with a scarf round my neck and a blanket over me and with the heating on full and i could still not get warm.

Secondly my nose didn't stop running for 4 months, It was dripping uncontrollably all day every day and what was dripping out was at times foul smelling too.

I wasn't feeling ill as such but still i didn't feel right, I was always freezing cold and my nose was running like a tap, This went on for several months.

Thirdly a few months later I had a blood clot, Again i didn't feel right in myself, begun to worry & got myself to hospital and they found a blood clot in my left leg. It was luckily discovered in time & it was dissolved with medication.

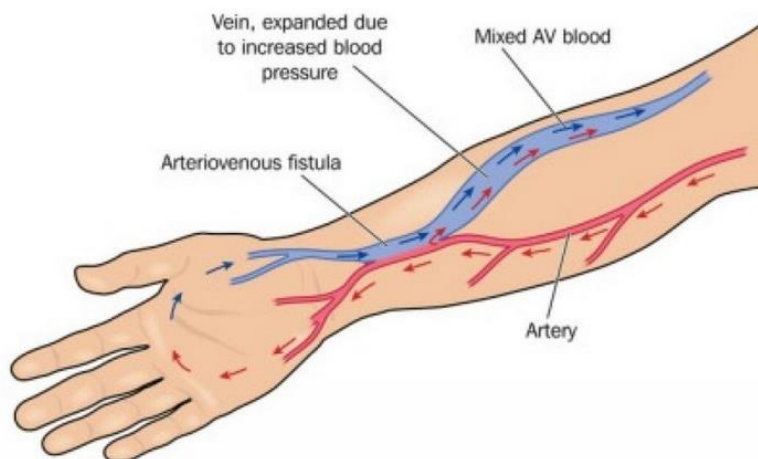
Whilst i was at the hospital that night there was 9 people there with blood clots, The next morning I had to take more meds and go back to the hospital for a scan to see if it was gone and there were 11 new people there with blood clots. All 20 of us were seen in a children's

ward that was being used as a makeshift clot unit.

Now I was on dialysis for just under 5 years, 3 days a week, 5 hours at a time & here I had every drop of my blood taken out of me washed and put back into me via a machine & in all that time with that going on i never had a blood clot in me till I'd had these j&bs.

Several more blood clots

Mr. Ruston received dialysis three days per week for five years due to his failing kidney. Doctors need an easy access point to streamline the process. An [arteriovenous \(AV\) fistula](#) is a surgical procedure that connects an artery and a vein in the wrist or some other access point. Dialysis patients are hooked to the machine via two needles in the fistula – one that removes blood for filtering and another that puts the filtered blood back in the body.



Mr. Ruston said he woke up on Sunday, January 16 screaming in pain. "It felt like razor blades were being repeatedly dragged through my left arm," he wrote. Unfortunately it was Sunday, and he could not see his doctor that day. Mr. Ruston called an ambulance Monday morning, January 17. By now, his wrist skin was bruising and swelling. Of course the first thing doctors did was test him for so-called COVID-19. He tested positive.

Doctors left Mr. Ruston for over 18 hours in a waiting room, despite the gruesome growth on his arm. The condition is known as [arteriovenous fistula thrombosis](#) – a blood clot in the dialysis access point.



Mark Ruston

January 20 at 1:38 AM · 🌐

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Basically 2.20am Sunday morning I woke up and coughed once and then screamed the house down for 40 minutes I was clutching my arm tight to my chest screaming in pain, I thought I was dying.

I was in so much pain I couldn't even think to call 999 or anything I was just screaming holding my arm close to my body. It felt like razor blades were being repeatedly dragged through my left arm ..never had pain like it.

This went on for 40 mins at least before I must of just fallen back asleep out of exhaustion , I rewoke just before 9am and when I woke I was in a whole world of unrecognisable pain.

It was evil.

I had a 10mm thick supervein (an av fistula) made for me when I used to have dialysis and I could see and feel that this was in trouble.

Blood bruising began to show through my skin on this now extremely swollen super-vien, the pain was not so bad by now and I thought I needed to speak to my renal team it was Sunday and no one was there so I waited till first thing the next morning when I got through and was told a doctor would call me back I think it was 16 hours before the consultant called me and said it sounds like a clot, Go to hospital now.

I rang ambulance that took 7 hours to get to me..I was taken to Northwick Park hospital swabbed first then tested positive (still 19 fucking days later) and I was slung in a red alert covid ward, For 18 hours I sat on a chair in a room and was seen by no one in that time and given just one glass of water.

I do not have the fucking flu yet I am being treated like a leper again.

Anyway after nearly a day of really shit treatment I was starting to be seen by good people and was told they would have to operate on me today.

Eventually the next afternoon they did the operation and they have cut a huge blood clot out of my arm they have had to dissect my av fistula too to remove the clot as this is where I clotted.

Here is the clot just before they cut it out.

As soon as I could stand I dressed & discharged myself.

This is my second blood clot in a few months.

F*ck you

@\$ tRaa S3n E kar .



Though it was an obvious emergency, it took until the next afternoon, January 18, for doctors to perform the surgery. Mr. Ruston discharged himself from the hospital once he was stitched up after the procedure.



Mark Ruston

I have just discharged from hospital just had a 4 hour operation to remove a massive blood clot from my arm

Second blood clot in a few months

Cunts

Like Reply 1w



4



Mr. Ruston soon noticed that he could no longer fully access his Facebook account. He was given a three-day suspension from the platform for "going against our standards for misinformation."

You can't post or comment for 3 days

This is because you previously posted something that didn't follow our Community Standards.

This post goes against our standards on misinformation that could cause physical harm, so only you can see it.

Repeatedly violating our Community Standards can cause further account restrictions.

If you think that we've made a mistake, you can disagree with the decision.

[Learn more about updates to our standards.](#)



Mark Ruston

21 h · 🌐

I am back at hospital with another 2 new blood clots.

The third clot in a week

Mr. Ruston's personal account of his injuries is misinformation, according to Facebook. But that was the least of his worries.

Mr. Ruston was back in the hospital just a few days after the surgery. Doctors discovered four more blood clots in his arms and chest. He spent three days in the hospital [with a heparin IV to dissolve](#) the clots.



Mark Ruston

Yesterday at 1:00 PM · 🌐

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So I got banned and had my post removed for the post where I told you about my clots..

I had a massive blood clot removed by operation,

Then 3 days later I was back in hospital with another 3 blood clots.

One in my upper arm, one in lower arm and one in my chest close to my heart.

These have now been dissolved.

I was extremely lucky for the chest clot got lodged in a superficial vein just above main heart arteries.

They found another whilst I was there that's mentioned in my notes too so that's 5 in a week and the one in my leg a few months before.

6 clots ...

Building up quite a collection now.

I am now marginally high on the d dimer blood test for future clots too.

I have spent 3 days on a syringe drive administering heparin to me, to thin my blood.

I was discharged last night and have infection in the arm being treated with antibiotics.

To avoid another ban all I have left out of this post is what caused the clots x

😱😱😱 250

125 Comments 30 Shares

His Facebook account was eventually restored. But now he is careful not to type the words vaccine, AstraZeneca or anything else related to his truth. Mr. Ruston admitted that he fell for the propaganda in the beginning of the so-called pandemic. Now he is dedicated to warning as many people as possible not to make the same mistake.

"I will not let them come near me with any future boosters and jabs. I am bored of the whole fucking thing now and I will not comply with any of it."